

Charas, if consumed for a longer period, can affect mental functioning and create hallucinations. Such symptoms generally are known as psychedelic effects which can also occur in the form of severe anxiety.

Regular consumption of Charas makes body more prone to low immune system and less resistant to diseases.

Smoking charas increases the chances of chest pain and may causes heart palpitations and high blood pressure.

Other Health Effects of Charas abuse are Nausea, vomiting, and stomach cramps, Extreme sleepiness, Increased appetite and weight gain, Mental illness or depression, Anxiety, panic attacks, confusion and a sense of a loss of control etc.
